

# Family Counselling

Living together in a partner relationship and in a family can be difficult at various times in life. You can then turn to Family Counselling.

Our goal is to create opportunities together for talks in confidence which will facilitate change.

## Who is it for?

Family Counselling is for those who are 18 years and older and who are having problems in their relationships with a partner or in family relationships or who are separated and live in Örebro County.

## Make an appointment for counselling

If you have some knowledge of Swedish, you can make an appointment via the app "*Digital mottagning*". Download the app to your mobile phone. This can be done below.

App Store [For iPhone/iPad](#)

Google Play [For android](#)

If you have very little knowledge of Swedish, you can make an appointment by calling Family Counselling. Telephone number 019-602 74 64.

## Interpreter

If an interpreter is required, please call Family Counselling who will book and pay for an interpreter.

## Cancel a counselling appointment

If you are unable to come to an appointment, it is important that you cancel your appointment.

Appointments booked digitally are cancelled via the app "*Digital mottagning*" or [Here](#). Appointments booked by phone are cancelled by calling Family Counselling. All appointments in the next 24 hours are cancelled by calling Family Counselling.

If you cancel within 24 hours of the visit or if you fail to show up without having cancelled, you will be charged a no-show fee of SEK 250.

Welcome!



## Our counselling sessions

- The counselling sessions are voluntary and last for an hour and a half
- The sessions cost SEK 250 per occasion
- Family Counselling is subject to strict confidentiality
- Family Counselling does not keep any records
- You have the right to remain anonymous

## Find us

Family Counselling has offices in Örebro, Hallsberg, Karlskoga and Lindesberg.

Örebro: Näbbtorpgsgatan 2, 2 tr  
Örebro [Show on map](#)

Hallsberg: Hasselvägen 1, 2 tr,  
Hallsberg [Show on map](#)

Karlskoga: Bregårdsgatan 1E,  
Karlskoga [Show on map](#)

Lindesberg: Kristinavägen 49 C, 1 tr,  
Lindesberg [Show on map](#)



